

## CT POST CONTRAST INSTRUCTIONS

**Thank you** for choosing this facility for your exam. We are focused on giving you exceptional care in a safe and friendly environment. During your exam, you were cared for today by \_\_\_\_\_

Today, you had a Computed Tomography (CT) imaging procedure.

Yes  You received an IV injection of a contrast material containing iodine (X-ray dye). This material rarely causes allergic reactions, however, in the event you experience any tightness in your throat, chest pain or tightness, shortness of breath, extreme dizziness, itchiness, hives or other unexplainable symptoms, please call your physician, call 911, or go to the nearest Emergency Room. If you experience a problem in the area of the injection after 24 hours, such as redness, swelling or soreness, please contact your physician. If you received an IV injection and are breast feeding, stop feeding, pump your breasts and discard this breast milk for 24 hours.

Yes  You received oral contrast containing iodine. The iodine in this liquid may interfere with some thyroid tests if these are needed in the future. Inform the attending physician at that time about this exam if you have future thyroid tests. This drug may cause abdominal cramping, nausea, vomiting, diarrhea, skin rashes, itching, heartburn, dizziness, or headache in some patients, but most reactions are mild and pass quickly.

Yes  You received oral contrast containing barium to help some of your organs to be seen on the images. There are usually no side effects from this procedure. Rarely someone can have an allergy to the barium. If you develop a rash, hive, swelling or difficulty breathing, contact your physician immediately, call 911, or go to the nearest Emergency Room. If you are prone to constipation, you should take a mild laxative recommended by your physician such as Milk of Magnesia. Any problems with constipation should be directed to your physician.

**ALL PATIENTS-** Drink at least thirty-two (32) ounces of water over the next 24 hours. If you are on fluid restrictions, contact your doctor for instructions to help clear any contrast materials from your body.

You may resume normal activities or activity limitation as prescribed by your physician. This includes the taking of prescribed medication, eating and drinking. However, if you are taking a Metformin based medication (Glucophage, Glucovance, etc.) and you received an IV injection, you must check with your physician prior to restarting your Metformin medication.

Your exam will be interpreted by a Radiologist and in most cases, the results will be sent to the ordering physician within 24-72 hours. The results of the exam will be provided to you by the physician who ordered the test. We encourage you to contact the ordering physician regarding the availability of the report if you have not received the results after 72 hours.

Print Patient Name: \_\_\_\_\_

Date of Birth: \_\_\_\_\_ Date of Exam: \_\_\_\_\_

IV Contrast Name: \_\_\_\_\_ Injection Amount: \_\_\_\_\_ mL

Oral Contrast Name: \_\_\_\_\_ Ingested Amount: \_\_\_\_\_ mL

Account/Facility Name: \_\_\_\_\_

Attach patient label if available