

PET/CT or Nuclear Medicine Post Exam Instructions (Without IV Contrast)

Thank you for choosing this facility for your exam. We are focused on giving you exceptional care in a safe and friendly environment. During your exam, you were cared for today by _____

Today, you had a PET/CT scan or Nuclear Medicine imaging procedure. You received an IV injection of a radiopharmaceutical which should have no negative effect on your well being, and has no known side effects.

Any oral contrast agents administered during your exam are noted below:

Yes You received oral contrast containing barium to help some of your organs to be seen on the images. There are usually no side effects from this drink. Rarely, someone can have an allergy to the barium. If you develop a rash, hive, swelling or difficulty breathing, contact your physician immediately, call 911, or go to the nearest Emergency Room. If you are prone to constipation, you should take a mild laxative recommended by your physician such as Milk of Magnesia. Any problems with constipation should be directed to your physician.

Yes You received oral contrast containing iodine. The iodine in this liquid may interfere with some thyroid tests if these are needed in the future. Inform the attending physician at that time about this exam if you have future thyroid tests. This drug may cause abdominal cramping, nausea, vomiting, diarrhea, skin rashes, itching, heartburn, dizziness, or headache in some patients, but most reactions are mild and pass quickly.

No You did not receive any oral contrast.

ALL PATIENTS- Drink at least thirty-two (32) ounces of water over the next 24 hours. If you are on fluid restrictions, contact your doctor for instructions to help clear the radiopharmaceutical and any oral contrast from your body. You may resume normal activities or activity limitation as prescribed by your physician. This includes the taking of prescribed medication, eating and drinking.

If you experience a problem in the area of the injection after 24 hours, such as redness, swelling or soreness, please contact your physician. Your exam will be interpreted by a Radiologist and in most cases, the results will be sent to the ordering physician within 24-72 hours. The results of the exam will be provided to you by the physician who ordered the test. We encourage you to contact the ordering physician regarding the availability of the report if you have not received the results after 72 hours.

Print Patient Name: _____ Date of Birth: _____

Date of Exam: _____ Radiopharmaceutical Name: _____ Injection Amount: _____mCi

Oral Contrast Name: _____ Ingested Amount: _____mL

Account/Facility Name: _____

Attach patient label if available